

Why do some babies feed more often than others?

Different breasts store DIFFERENT amounts of milk.

Breast SIZE does NOT affect how much milk a breast stores.

If your breasts store **LESS** milk, your baby may feed **MORE** often.

If your breasts store **MORE** milk, your baby may feed **LESS** often.

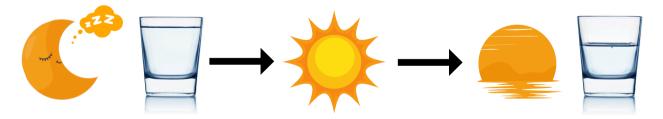


Baby may take BOTH breasts at many feedings.



Baby may take ONE breast or BOTH at feedings.

Milk production is often HIGHEST in the middle of the night and LOWEST in the evenings. Some babies feed MORE often in the evenings. This is common.



Some babies feed QUICKLY and some feed SLOWLY. The length of a feeding does not determine how much milk a baby drinks. Feedings often get FASTER as babies get older.

Follow your baby's signs for when and how long to feed.